



St Patrick's Cathedral Newsletter



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Office hours: 9am-4pm Mon-Thu 9am-3pm on Friday

Dean of St Patrick's Cathedral and Administrator: Fr. Michael O'Brien
Associate Pastors: Fr. Nathan Webb & Fr. Brian Redondo
Safeguarding Officer: Ann Marie Pawsey (safeguarding@stpats.org.au)

St Patrick's, in communion with St Saviour's Primary School - Samuel Hannant (4637 1700)
St Saviour's College - Jessica Wade (4637 1600)

We acknowledge and respect the Traditional Owners of this place, the Jarowair and Giabal Peoples.



Fifth Sunday in Ordinary Time

4 February, 2024

First reading: Job 7:1-4 I am filled with sorrow all day long.

Responsorial Psalm: Praise the Lord who heals the broken-hearted.

Second Reading: 1 Corinthians 9:16-19 Punishment will come to me if I do not preach the Gospel.

Gospel Acclamation: Alleluia alleluia! Alleluia! He bore our sickness,
and endured our suffering. Alleluia!

Gospel: Mark 1:29-39 He cured many who suffered from diseases of one kind or another.

Psalm 146:1-6, Praise the Lord, who heals the broken-hearted. We're in the **5th Sunday of Ordinary Time** as well as we celebrate the **Sunday of the Word of God** reflecting on the **Gospel of Mark (1:29 39)** where Jesus **cast out devils and cured many who were suffering from diseases**. Pope Francis highlights the intention for February, which **focuses on those who are terminally ill and their significant others**. We pray for them to receive the proper care and support they need.

The Gospel showcases a situation where individuals, led by their loved ones approach Jesus in the afternoon. As the desert heat eased, it became possible for their loved ones to help them after a productive day. No longer facing desperation, they found consolation in someone who could relieve and heal their sickness and loose them from challenges. With hope, Jesus devoted his night to healing and comforting people making sure that the following days would be filled with light.

Contemplating Pope Francis's words **"Cure if it is possible; always take care."** I reminisce about my time as a seminarian when I used to do pastoral care for the sick and hospital visits at a geriatric health facility. Sister Teresa, a nurse, with dedication, introduced me to the concept of **"sundowning" among individuals suffering from dementia**. At nightfall, some patients appear increased confusion, anxiety and restlessness. These are any possible causes: They're exhausted at day's end; they get confused when day-shift nurses disappear, and a different set of faces comes for night-shift; their daytime medications wear off.

I came to understand that sundowning is not only for the grannies & granddads; we have all experienced it somehow. During our moments of sundowning we long, for the safety of the day and kindness of individuals. The Gospel beautifully displays this concept where the sick, the possessed, and the weary approach Jesus during the calm of twilight. Jesus remains awake throughout the night to make certain they no longer fear the darkness.

As Pope Francis emphasises the relevance of communion within our parishes let us apply this principle in our lives. **Communion has the power to transform strangers into friends**. Through our shared faith that is **Christ-centred**, we become brothers and sisters who can find unity amidst disagreements, diversity, and differences. Our Australian values resonate very well on **"freedom, respect, fairness and equality of opportunity as central to the community remaining a secure, prosperous and peaceful place to live. Our values define and shape our country."**

As intended by Pope Francis, our universal church leads to the synodal way, reaching our sense of community beyond church doors to include those in our peripheries. With that said I uplift you to reflect on the concept of sundowning in your life. Have you witnessed someone close to you – perhaps your parents experiencing sundowning? As we navigate through our evening and nightfall, let us always remember the consoling image of Jesus from the Gospel, **staying awake all night with those who are in need**.

I echo Pope Francis's call for prayers and dedication towards those who are terminally ill and their families. Let us strive to follow the compassion of Jesus offering not only assistance but also genuine care and support. In our moments of uncertainty and vulnerability may we find comfort in the hope of Jesus who heals the broken-hearted.

May God bless us all always!

Fhear Brian Redondo

✠ **We remember in our prayers all those who have died recently:** Patricia Miller, Patrick Gaffney (Brisbane), Alfred Bugeja.

✠ **We hold in our hearts the memories of those whose anniversaries occur at this time:** Jacqueline Hoddle, Beryl Cordner, Leigh Kennedy, Fr Raymond White [2000], Fr Peter Collins (Melbourne) [2014].

✠ **For all those who are ill in our community, especially:** Rita Irwin, Norbert Grulich, Alyshia Morris, William Garrahy, Gabrielle Saide, Bev Smith, Albert Loveday, Louise O'Connor, Sheryl Grunke, Noel Roshan Francis, Kate Gibbs, Therese Odri, Kath Smith, Freddy Nield, Ray Frelek, Bob O'Sullivan, Blake Cusato, Greg Coddington, Stanley Poon, Jamal Abraham, Judy Moloney, Perlita Torrecampo, Rodolfo Umipig, Madeline Gray, Braxton Rayner.

Come and enjoy a great night out to celebrate the Feast Day of St Patrick! Tickets will include a meal and live Irish Band, and plenty of dancing! Taking place in the Cathedral Centre with doors opening at 6.30pm (Band from 7.30pm) on the 16th March, and @ \$50 a ticket a fun night out is guaranteed. Book and pay using this QR code or via <https://www.trybooking.com/1170674>



BUS TRIP MARIAN VALLEY, Sunday 11th February. Feast of Our Lady of Lourdes. Bus departs Neil St. outside Cathedral 7:30, cost \$40. For bookings contact Theresa on 0434 528 904.

Position Vacant: St Anthony's Parish is seeking applicants for the position of Administration Support Officer for up to 20 hrs/wk. Details are available on Seek.com or apply directly at the Parish Office. A full Position Description is available from the Parish Office – admin@stanthonysparish.com.au

Sacraments and Symbols Seminar (St Thomas More's) For all those involved in liturgical ministries or wanting to enjoy a deeper experience of the Mass. This hour seminar will unpack the theology of sacramentality and the significance of numerous symbols used in our Eucharistic celebrations. Sessions will be held * 4:30pm Sat 9 March * 9:30am Sun 10 March.

Faith foundations - Keen to dig into the foundations of your faith? Email life@stpats.org.au for expressions of interest to unpack *At Hope with God's People* - a resource exploring Catholic Teaching on everything from creation through the sacraments, social justice, and prayer. This group will walk with those journeying through the Rites of Christian Initiation (RCIA), and build off the formation hub run through the Cathedral last year.

Altar Server Training (and refresher) All ages, from first Eucharist and for as long as you can walk; junior altar servers to aspiring Acolytes. Come along and learn (or deepen) the spirituality and practice of altar serving. Email nathan@stpats.org.au for details. Sessions will be held * 4pm Saturday 17 February - Holy Name Parish * 4pm Saturday 24 February - St Pat's Cathedral.

VERITAS - Young Adults' Launch for 2024 Back into the year, Veritas young adults will recommence Monday 12 February. * 5:30pm Mass * 6:15pm Pancakes (vigil of Shrove Tuesday) and talk on Lent † Held in the Social Justice Room Cathedral Centre.

Sunday 4 February [SPC – St Patrick's] [STM – St Thomas More's]	7am, 9am, 5.30pm. Live Stream 9am	4.30pm Bingo in the Cathedral Centre
Monday 5 February Saint Agatha	5.30pm Mass SPC 9.00am Mass STM	
Tuesday 6 February Saint Paul Miki and Companions	9am Mass SPC 5.30pm Mass STM	5pm Choir Practice
Wednesday 7 February	7am Mass SPC	9am St Saviour's Primary School Opening Mass 7.15pm Bingo in the Cathedral Centre
Thursday 8 February	7am Mass SPC	7.30am – 8.30am Adoration at SPC
Friday 9 February	7am Mass SPC 9.30am Mass STM	9am Ladies Friendship Group Parish Centre 7.15pm Bingo in the Cathedral Centre
Saturday 10 February Saint Scholastica	7am Mass SPC 6pm Mass SPC	6.30am Rosary at SPC
Sunday 11 February	7am, 9am, 5.30pm Live Stream 9am	9am Launch of Project Compassion 2024 4.30pm Bingo in the Cathedral Centre

Planned Giving: Thank you for your donations. Loose \$2431 Planned Giving \$1226 Donation Point \$710 Money Counters this weekend: Kevin and Judy Lindores, Jim Harris.

Money Counters next weekend: Jabour Hanna, Michelle Betros and Mick Cuskelly.

Planned Giving Options: Envelopes available from parish office. For direct debit/credit card please contact Celia at the Parish Office on 4637 1500. You may simply like to do a bank transfer: St Patrick's Cathedral, BSB 064-786, Account Number 100014072, reference envelope number or name in donating. Thank you.